

# How to access Residential Services in Glasgow City

Anyone in Glasgow City needing support with an alcohol or drug problem can access a wide range of Residential options which best support their individual recovery journey through the Glasgow Alcohol and Drug Recovery Services (GADRS). You can self-refer to GADRS via phone or in-person.

Service Users seeking to access residential rehabilitation options can do so via their GADRS care manager. They will support you to develop a care plan and with preparation for residential services and referral if that is what you want.

## North West ADRS

Woodside Health & Care Centre, 891 Garscube Road, G5 9AB

☎ 0141 201 5500

## North East ADRS

871 Springfield Road, G31 4HZ

☎ 0141 565 0200

## South ADRS

Gorbals Health Centre, 2 Sandiefield Road G5 9AB

☎ 0141 420 8100

## Detox and Stabilisation Services

Some people need residential support to stabilise their drug/alcohol use or detox from alcohol/drugs. Glasgow City has different options to support you, depending on your individual needs.

### NHS Inpatient Services

There are 2 wards within the Gartnavel and Stobhill Campuses that offer inpatient treatment. All admissions are planned as part of your GADRS care plan. Usual length of stay approx. 2 weeks but may vary with individual needs. Referrals are considered for alcohol and drug problems and a detox or stabilisation programme is tailored to meet your needs.

### Alcohol and Drug Crisis Crisis Service

Provided by Turning Point Scotland. Direct access, low threshold service for people at high risk of alcohol/drug harms and in crisis. Anyone can self present for assessment and care managers can also assist with this process. Assessment is completed by service staff. Stay is around 21 days.

### The Stabilisation Service

This service is provided by Turning Point Scotland and lasts approx. 6 weeks. The service is designed to support people to stabilise their drug/alcohol use by detoxing from non prescribed substances/alcohol and stabilise on appropriate Medication Assisted Treatment.

## Abstinence Based Residential Rehabilitation

There are 2 Residential Rehabilitation services in Glasgow City, Crossreach and Phoenix Futures. There is also support to prepare for rehab, during your stay and after you leave.

### Rehab Community Support

We Are With You provide a 3 stage support service for people in Glasgow City who are seeking to access rehab and provides support along the way. This 1:1 work involves, pre-rehab preparatory work, in-rehab support with their programme and getting ready for discharge, and final post-residential support with adjusting to life after rehab.

### Residential Rehabilitation

Glasgow City has 2 residential rehabilitation services focused on achieving abstinence, Crossreach and Phoenix Futures. Length of stay depends on your needs and careplan, usually 12 weeks. These services offer structured group work programmes and 1-1 support. If a detox is required, this will be discussed and facilitated as part of your careplan. Referrals are made by your care manager and the local Multi-Disciplinary Team (MDT).

### Move on Projects

Glasgow has 3 move on projects provided by Phoenix Futures, Turning Point Scotland and Crossreach. These services provide supported tenancies for people in recovery who require support to live independently. Placements can last up to 26 weeks.

## Crisis Outreach Service

GADRS provide a Crisis Outreach Service (7 days a week, 8am to 8:30pm) that aims to engage people in the community who are considered to be at high risk of overdose and drug related death. They meet with people in their own homes and support them with harm reduction interventions, access to medication assisted treatment and into recovery.

If someone leaves residential services early and unplanned, they are at high risk of overdose. The Crisis Outreach Service will assertively outreach and work to reengage them back into support and treatment.

## Alcohol Related Brain Damage Residential Support

An assessment unit and long term, specialist residential options are available for people with Alcohol Related Brain Damage. This is provided across 4 projects in the city with different support packages tailored to individual needs. Referrals to these services are made by your GADRS care manager.